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The Rosicrucian Order

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# THE CONCURRENCE

## This Week's Consideration of a Famous Opinion



¶ In connection with these third-eye exercises, the following quotation may clarify somewhat the mystic's belief that physical evolution proceeds concurrently with psychic involution, for with the material development of the outer senses, man's dependence upon the inner senses is lessened.



*If the odd "eye" in man is now atrophied, it is a proof that, as in the lower animal, it has once been active; for nature never creates the smallest, the most insignificant form without some definite purpose and use. It was an active organ, we say, at that stage of evolution when the spiritual element in man reigned supreme over the hardly nascent intellectual and psychic element. And, as the cycle ran down toward that point when the physiological senses were developed by, and went pari passu with, the growth and consolidation of the physical man, the interminable and complex vicissitudes and tribulations of zoological development, that median "eye" ended by atrophying along with the early spiritual and purely psychic characteristics in man: The eye is the mirror and also the window of the soul says popular wisdom, . . .*

—H. P. BLAVATSKY, 1831-1891

To the Members of the Esoteric Hierarchy, Greetings!

Some years ago, in a distant city, I spent an hour in a mystical laboratory which had a soundproof chamber far below the surface of the ground. It had walls, one inside the other, stone and concrete floorings, ceilings with air spaces between, and a number of doors, close to one another, as the only entranceway. Air came through a series of small openings that allowed no sound from the earth. After midnight, when noises of the city had been stilled, this soundproof chamber was more quiet than any place the human mind can imagine.

The moment I entered and all the doors were closed, I began to wonder about the strange pounding noise and the sounds like strong winds blowing. The drumlike pounding was my own heart, and the roaring noise was the air passing to my lungs. It was so quiet that all of the functionings of various organs in my body sounded like the movements of a piece of machinery. Even when I moved my arms or fingers, I could hear the contraction of the muscles, or so it seemed, and the movement of the bones at their joints. My ears, my mind, and consciousness had become more receptive to certain sounds.

The same is true in regard to a good condition of relaxation. As body and brain activities are relaxed and become stilled, the psychic consciousness, or the consciousness of the psychic mind, becomes more acute. You will remember that the objective and the subconscious minds are like two sides of the scale; as our objective, worldly brain activities and consciousness become quiet, relaxed, and restful, our subconscious activities and receptivity become more active.

If you have been carefully practicing the instructions of last week, and have spent time each day on visualizing the color yellow, you undoubtedly have noticed several definite effects. You will have noticed first of all a distinct difference in your response to yellow from your response to red. Red is stimulating and exciting to both the physical and psychic selves, and so you must have found your response to yellow, but in a distinctly different way. These inner effects of colors visualized are as obvious and pronounced as are the effects of colors from external sources.

In an earlier monograph the effect of colors of rooms and lights around us was mentioned, and I stated that yellow lights, draperies, wallpaper, and various things around us in our homes had a disturbing effect. In last week's monograph, however, I told you that concentrating on yellow had a stimulating effect on the intellect. We must recognize the difference in effect from outside, external sources, and from the same colors created in the mind in concentration.

When the color comes from within, it harmonizes with the psychic centers, which is not always so when the colors are from an external source. Thinking of red in your first experi-



ment is helpful, constructive, and stimulating to all of the psychic centers through awakening them and making them more active in every sense. If we have much red around us on walls, in draperies, or in lights, however—as when a photographer is working in his darkroom under a ruby light—the effect is not simply that of awakening and stimulating. It arouses all of the centers, both psychic and nervous, throughout the body to a degree that is not healthy or constructive, but rather otherwise if indulged in too long. In such a case the red stimulates too greatly the physical functions of the body, and becomes too strong and too violent a stimulant for the psychic centers.

This week I want you to concentrate on the color violet. Violet is made up of an equal amount of red and blue plus white. So I want you to think of a violet color that is a light purple. Violet represents the psychic or spiritual consciousness, and in concentrating upon it for the week, you will intensify and make more active your sensitivity to Cosmic impressions. You will make your psychic consciousness keener and more active in receiving impressions. First of all, when seated in a comfortable and relaxed position and beginning to think of the color violet, even before concentrating definitely upon it, you will begin to feel a soothing, quieting effect upon the nerves and body that gradually increases until a complete restfulness comes over you. The very thought of violet more than any other color helps us to relax and become insensible to our physical conditions.

Thinking of the color of violet brings on an increasing degree of quiet and restfulness. As we begin to concentrate definitely on the color on the forehead, we intensify its effect on our psychic centers and make them more active, while the brain and nerve activities in the body become very quiet and peaceful. This, of course, will also act as a tonic to a nervous system that is upset and disturbed. In such a case, however, it may take a few more minutes for the body and nervous system to become relaxed and peaceful, but nothing will quiet a restless, upset, strained, and tired nervous system as much as ten or fifteen minutes spent in a quiet room concentrating upon the color of violet.

Because of this, one would think that it would be a wonderful thing to have a violet-colored room with walls, lights, and draperies of that color. To some extent that is true. That is why for experimental purposes we use a violet light. Sitting in such a light, the entire nervous system does become gradually quiet—too much so for the psychic centers. Instead of making them just receptive and restful, it seems to paralyze or make them lifeless, dormant, and asleep. Therefore, more than ten or fifteen minutes in such a violet-colored room shuts out all reception of impressions and all functionings of the psychic centers.



The nervous system receives a deeply quieting effect, as though one had taken a drug which renders one insensible to

pain or anything else. When a person concentrates, however, from within or through mental creation upon the color of violet, the psychic centers are not paralyzed but highly receptive to Cosmic or psychic impressions, while the nervous system and nerve centers are quiet.

In experimental work with colors it has been found that in a sanctum with walls painted a light violet, a variety of effects may be obtained by using different colored lights. Under a blue light, the effect is blue rather than violet. Likewise under red light, the room takes on a warm red tone. An orange light will create a rust tone, while a white one will pale the violet until its effect is lost. If a green light were used instead of one of another color, the tone would be soft and indefinite. Violet would seem, then, an ideal color for one's sanctum walls although a neutral tint such as buff, gray, indigo, or magenta might serve almost as well.

In the last monograph, mention was made, in connection with old Rosicrucian references to the symbol of the All-Seeing Eye, of the significant statement: "The time will come when thousands shall see the great eye approaching from space." Purposely that statement was not explained so to some of you it must have seemed as meaningless as it has to thousands who have tried to make sense of the cryptic writings of mystics of other times.

In truth, it is one of those mystic statements which has no explanation until one has had the experience which makes it meaningful. There have been times when the exercises of the Neophyte Degrees have brought the experience but in those cases only a part of the explanation could be suggested. Now, however, with our particular emphasis upon the exercises aimed at awakening the third eye, it should be possible to see the connection between the third eye and the All-Seeing Eye so often used to represent divinity.

Mystically, the opening or awakening of the frontal area of the head often affords one a glimpse of the All-Seeing Eye. It appears as an independent object in space—as though all the Cosmic force was personalized in a great eye activity engaged in surveying or scrutinizing creation. This significantly enough indicates the revitalization of the psychic center in the head. It is expected to be a part of your experience with the present exercises.

If, however, you have not as yet seen this All-Seeing Eye, do not be discouraged. Many in advance of your class, who have been practicing these exercises and testing these laws and principles, did not see the All-Seeing Eye the first or second week of the exercise. They soon did see it, however, and sometimes unexpectedly. In fact, the result of the color exercises should be such an awakening and development of the psychic centers that this invisible Eye should appear almost any time. It may come to you as it has to



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others in moments of relaxation in your sanctum when you are not thinking of colors or of the All-Seeing Eye at all.

One member, after working all evening under a bright light saw this Eye seemingly coming from distant space toward her as she started through a dark hallway to a flight of stairs that led to her bedroom. It became larger and larger at the end of the hall as it moved in a straight line toward her. As it came close, it stood still, and then moved as though focusing its attention on her. Remembering that she had been told to watch, she stood still and received the full benefit of the beautiful experience. Since then she has often seen this eye in dark parts of the house or in her bedroom at different times of the night, and sometimes in the day. Do not attempt to analyze what the eye means or signifies, do not allow yourself to make any false or misleading interpretations or messages, and do not think that it is a warning of any kind. You will in due time reach the point where you can understand what this Eye means and why it is shown to you; so it is best not to speculate upon the reason just yet.

These are all of the instructions for this week. You are rapidly approaching further important experiments. Their success will depend upon how sincerely and regularly you practice the present ones.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER

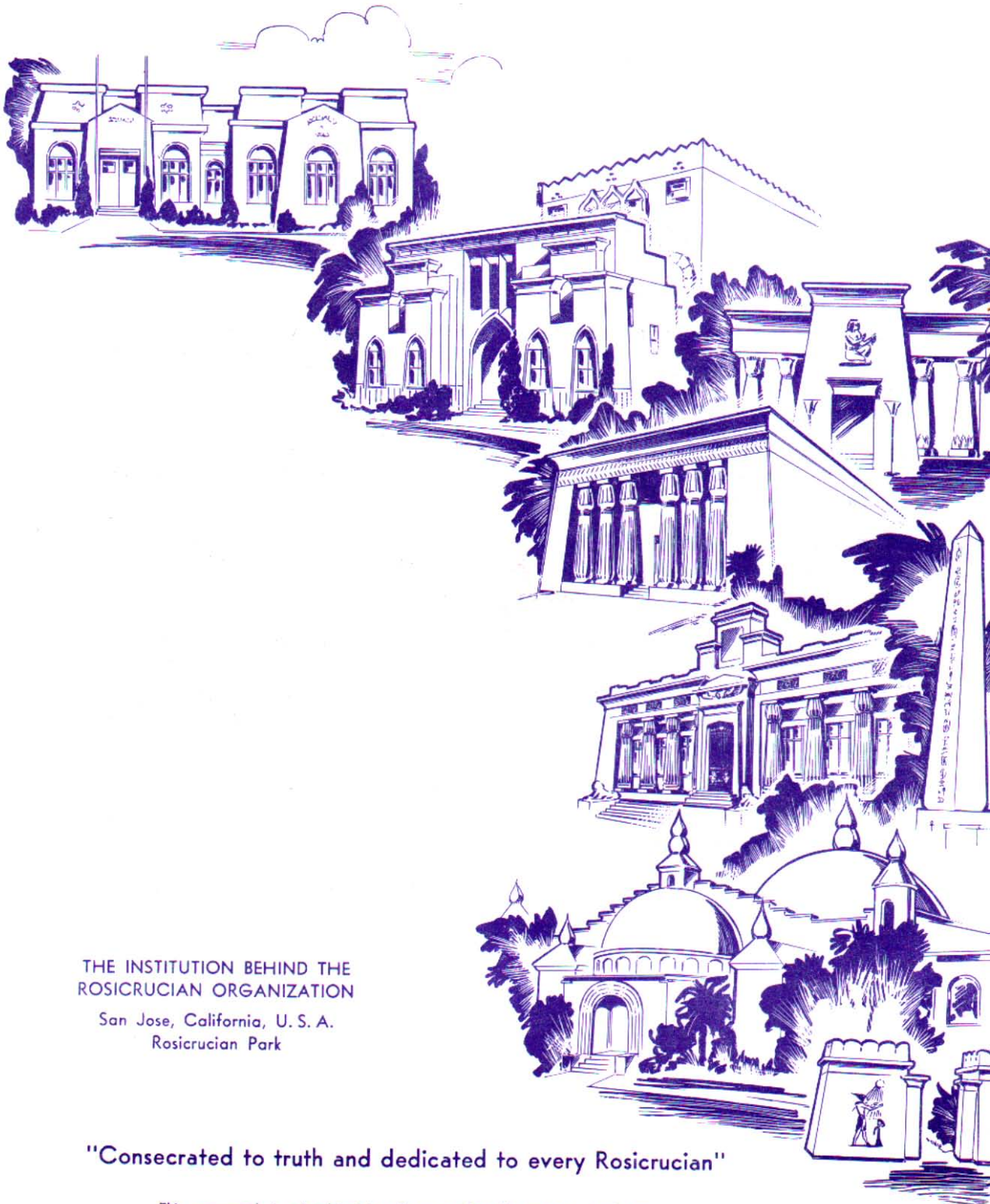


## Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ As the body and brain activities are relaxed and stilled, the psychic consciousness becomes more acute.
- ¶ Red is stimulating to both the physical and psychic selves; whereas yellow has a stimulating effect on the intellect. If indulged in too long, red may be too violent a stimulant to the functions of the physical body and the psychic centers.
- ¶ This week think of violet, which represents the psychic or spiritual consciousness and has a quieting effect on the brain and nerve activities of the body. While too prolonged a time under violet light tends to paralyze and inhibit the psychic centers, the reverse is true when visualizing and concentrating upon violet, for psychic centers are then highly receptive to Cosmic influences.
- ¶ Now, with our particular emphasis upon the exercises for awakening the third eye, it should be possible to see the connection between the third eye and the All-Seeing Eye used to express divinity.
- ¶ Mystically the awakening of the frontal area of the head often affords one a glimpse of the All-Seeing Eye.



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